

THE SCA FELL CHALLENGE

Climb England's Highest Mountain (978m)

9am – 5pm



BROWN DOG

Helping people with cancer

Saturday 18th June 2022

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JustGiving™



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- You start and finish at Seathwaite
- You will climb 978 metres (3,209 feet) to the top
- You must train and prepare for this, as climbing England's highest mountain won't be easy
- The scenery on this challenge is breath-taking and beautiful
- At the top you will experience a real sense of pride and achievement
- We start the challenge as a team, walk as a team and finish as a team – experience the Brown Dog Family

THE SCA FELL CHALLENGE

Climb England's Tallest Mountain in 8 hours

Start 9am

Finish 5pm

You must be 18 or over on 18th June 2022



THE SCA FELL CHALLENGE STARTS AT SEATHWAITE AT 9 AM

You need to drive your own car (or share) from Keswick to Seathwaite (allow 30 mins)

You can park your car at the side of the road

YOU MUST BE AT SEATHWAITE BY 8:30AM

- 0.0 Head **north-west** on **Victoria St/A5271/A591** towards **Brewery Ln**
Continue to follow A5271/A591
 - 0.3 At the roundabout, take the **1st** exit onto **Main St/B5289**
Go through 1 roundabout
 - 0.7 At the roundabout, take the **1st** exit onto **Borrowdale Rd/B5289**
Continue to follow B5289
 - 7.7 Turn **left** onto **Styhead Pass**
Partial restricted-usage road
Destination will be on the right
 - 8.9 **Arrive:** Seathwaite, Keswick CA12 5XJ, UK
- Section time: 21 mins 28 s. Total time: 21



THE SCA FELL CHALLENGE

Climb England's Highest Mountain

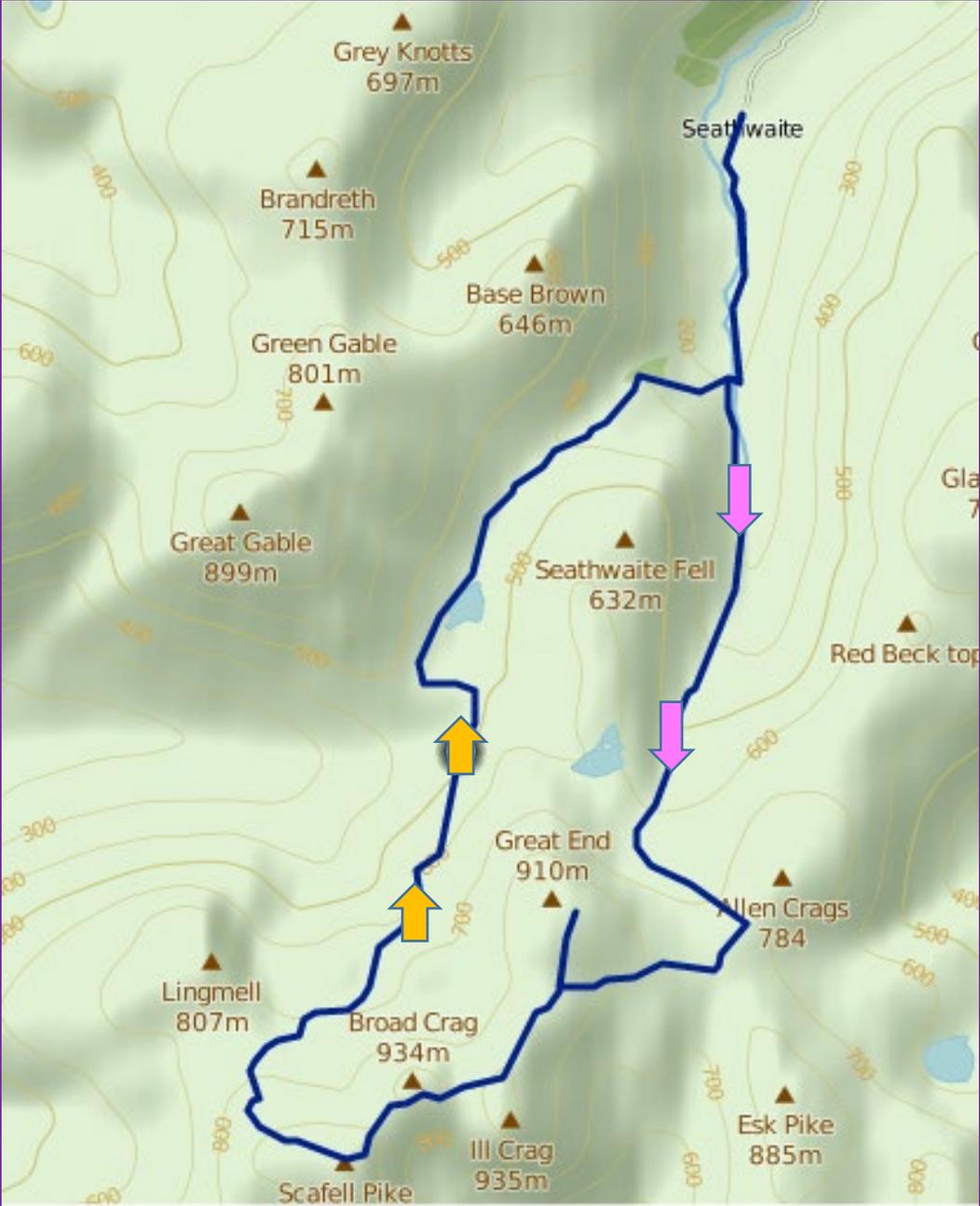
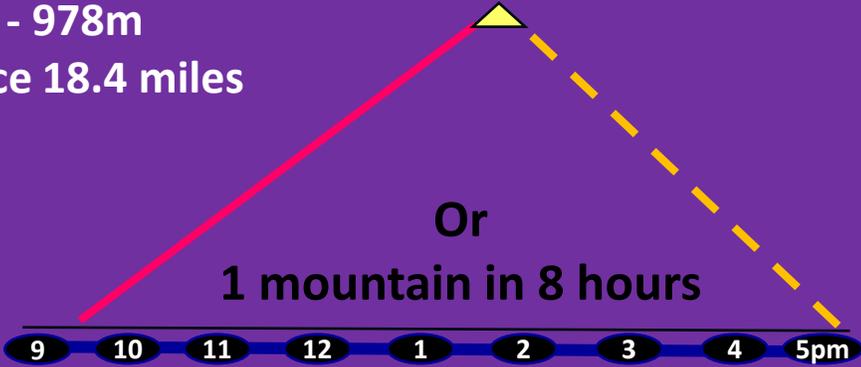
Total Ascent - 978m

Total Distance 18.4 miles

Start - 9am

Finish 5pm

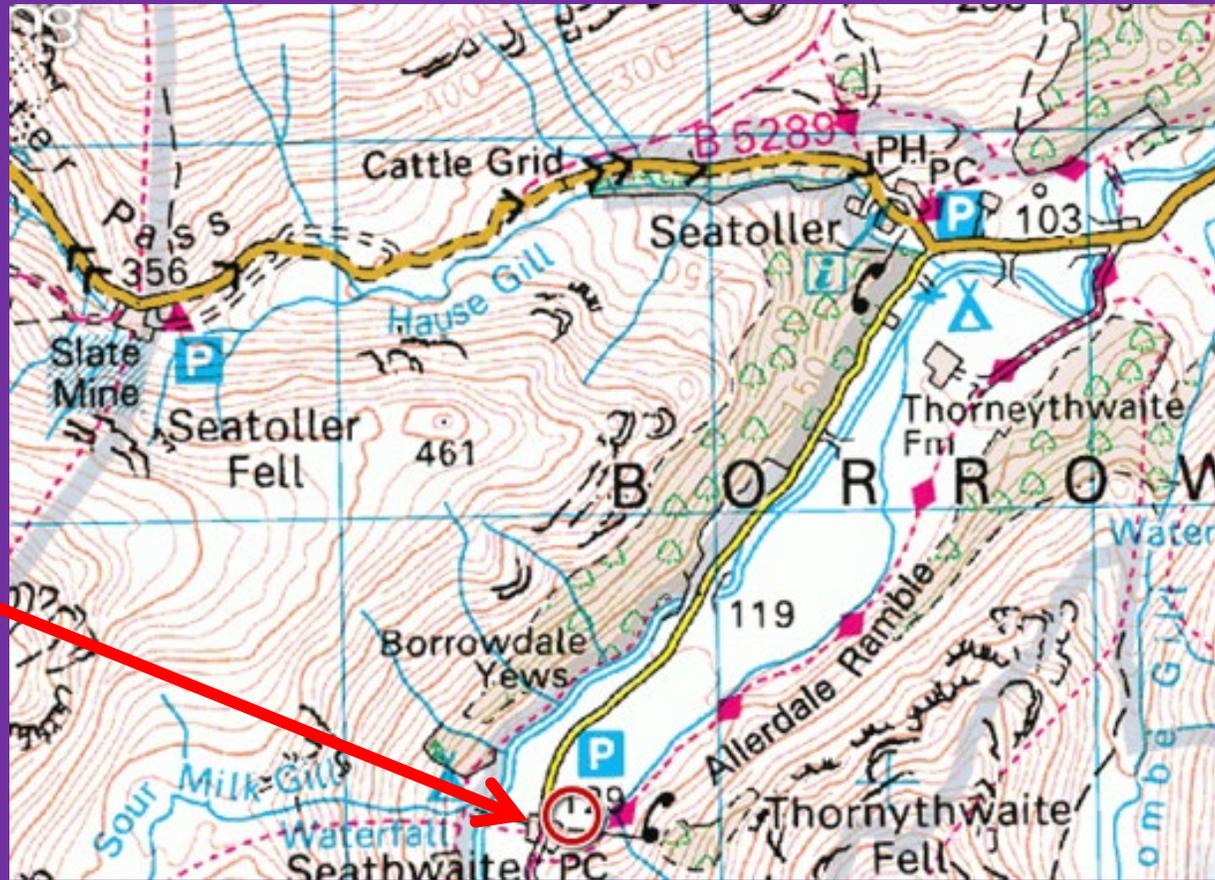
SCAFELL PIKE
(978metres - 3209feet)



THE SCA FELL CHALLENGE FINISHES AT SEATHWAITE AT 5PM

You will then get back into your car and drive back to Keswick

Challenge
Finish Point
5pm





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CHALLENGE COST



THE SCA FELL CHALLENGE

£65 per person

The cost includes the optional £35 Celebration “Dogs Dinner”
(3-course Silver Service meal at the 4* Skiddaw Hotel in Keswick)

Cost Includes

- ✓ T-Shirt
- ✓ Walking guides to lead you in safety
- ✓ Challenge Overheads
- ✓ Charity Insurance Cover
- ✓ 3-course Silver Service Celebration Dinner at the Skiddaw Hotel

Not Included

- X Transport to/from Start/Finish – need to use own transport
- X Overnight accommodation (2 nights required)



HOW TO REGISTER & PAY

WWW.CANCERBROWNDOG.CO.UK



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HELPING PEOPLE WITH CANCER

REGISTERED CHARITY 1111550

Home

About us

Who we help

How you can help

Current fundraising events

Fundraising tool kit

Past events

Contact

Go to our web site
www.cancerbrowndog.co.uk
And click
“Current Fundraising Events”

Complete the registration process
by completing each question and
stating which challenge you want
to do

(there are 2 to choose from)

Proceed to
payment

*If you wish to discuss a different
financial arrangement, you can
contact us at
mark.storer@hotmail.com
so we can consider your request*

FUNDRAISING – Ultrathin Transnasal Endoscope 2022

It's easy to get carried away with the excitement of the challenge and focus on completing it. **However, remember the real challenge is about going the extra mile and raising more money than you ever thought possible.**

For 20 years we have been raising money and we have purchased some amazing equipment that really has made a difference to men, women and children who are fighting cancer.

In 2022 we aim to raise £30,000 to purchase a Ultrathin Transnasal Endoscope for Leicester Hospital Trust

This endoscope will be used in the early detection of cancer. Not only is it ultrathin (which means a much less evasive process for patients), it is more effective and efficient than current endoscopes and they enable the medical team to detect higher rates of cancer, leading to more promising outcomes for patients.

If you join our challenge, we want you to challenge yourself to raise as much money as you possibly can.

Don't just ask people to donate, think about organising a small event that will give enjoyment to supporters, such as a dinner party, BBQ, football match (lads v dads), cake sale, involve your local school, contact local businesses etc – see our fundraising pack on the web site [here](#)



The image above shows a comparison between the Ultrathin Transnasal Endoscope (left) and the Standard Endoscope (right).

Ultrathin Transnasal Endoscope has an outer diameter of **5.4mm** and a working channel of **2.2mm**.

Standard Endoscope has an outer diameter of up to **9.8mm** with a working channel of **2.8mm**



Go to "www.justgiving.com"

Click "start fundraising"

Click "A Charity"

Log In (if you have an account)
or Create an Account

Type "Brown Dog" in search for cause

Click "Brown Dog"

Click "Taking part in an event"

Click "Wordsworth or Sca Fell"
Depending on which you are doing

Choose your Fundraising e-mail address
Click the appropriate Gift Aid box
Click "Create your page"

Once you have registered and paid,
**we would like you to set up your own fundraising page on Just Giving
and start raising money straight away**

There are some good reasons for doing this:

- ✓ You are given your own link that you can mail to family, friends and colleagues, or put on Facebook/Twitter etc.
- ✓ It makes it easy for your supporters to donate
- ✓ Gift Aid is added automatically and goes straight to the charity
- ✓ You can set a target and track how you are doing against it
- ✓ Brown Dog can see if we are on track to hit our overall 2022 target

The process to set up your page is very easy
and only takes 10 minutes to do.

If you and your partner or friend are doing the challenge you can set up a joint shared fundraising page.

When you have raised more than you ever thought possible and completed a challenge that has pushed your body to the limit then **it's only right that you celebrate in style.**

That's why we would love you to celebrate with us at our **SPECIAL 21st ANNIVERSARY CELEBRATION DOGS DINNER** at the 4 star Skiddaw Hotel, where you can enjoy a 3-course Silver Service meal in our own private function room.

At the dinner we will celebrate 21 years of fundraising and we will reflect on the challenging 2021 year as well as generally having fun and a great evening.

DOGS DINNER



CELEBRATION

STARTER OPTIONS

Potted Chicken Liver Parfait

With Ruby Port Jelly, Keswick Ale Chutney, Sourdough Toast

Smoked Haddock & Tarragon Fishcake

With Homemade Tartare Sauce

Barley & Root Vegetable Cumbrian Broth (V)

With Crusty Bread & Salted Butter

MAIN MEAL OPTIONS

Free Range Chicken Breast

With Wild Mushroom & Barley "risotto", tenderstem Broccoli and Smokey Malted jus.

Keswick Ale Beer Braised Featherblade of Beef

With Dauphinoise Potatoes, new season Green Beans and Beer Gravy

Butter Poached Fillet of Irish Sea haddock

With Prawn, Potato & Vegetable Chowder

Sauté Potato Gnocchi (V)

With Wilted Spinach, sun-blushed Tomato and black olive

DESSERT

Vanilla Pod Panna Cotta

With charred Oranges, Gingerbread

Dark Chocolate & Red Berry Mousse

With Whipped Rosewater Double Cream and Cocoa Nibs Crumb

Original Recipe Sticky Toffee Pudding

With Butterscotch Sauce, Bourbon Vanilla Ice Cream

TEA & COFFEE



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Thank you for your support
making a real difference to people fighting cancer