

# THE WORDSWORTH CHALLENGE

Climb 8 mountains in 14 hours (3am-5pm)

*Cat Bells – Maiden Moor – High Spy – Grey Knotts – Brandreth – Green Gable – Great Gable – ScaFell Pike*



**BROWN DOG**

Helping people with cancer

**Saturday 18<sup>th</sup> June 2022**

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**JustGiving™**



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## THE WORDSWORTH CHALLENGE

Climb 8 mountains in 14 hours

Start 3am

Finish 5pm

You must be 18 or over on 18<sup>th</sup> June 2022

- One of our hardest challenges – certainly an event where training and preparation is essential
- Offering some of the most breath-taking and beautiful scenery in the UK
- Requires a very early start which means climbing the first two mountains in the dark, but with the unique attraction of watching the sun rise over the mountains
- Steep ascents and descents make the challenge very demanding, particularly on the knees.
- One of our most rewarding challenges – the pride and joy when standing on Sca Fell Pike is immense
- We start as a team, we walk together and we finish as a team – come and experience the Brown Dog Family

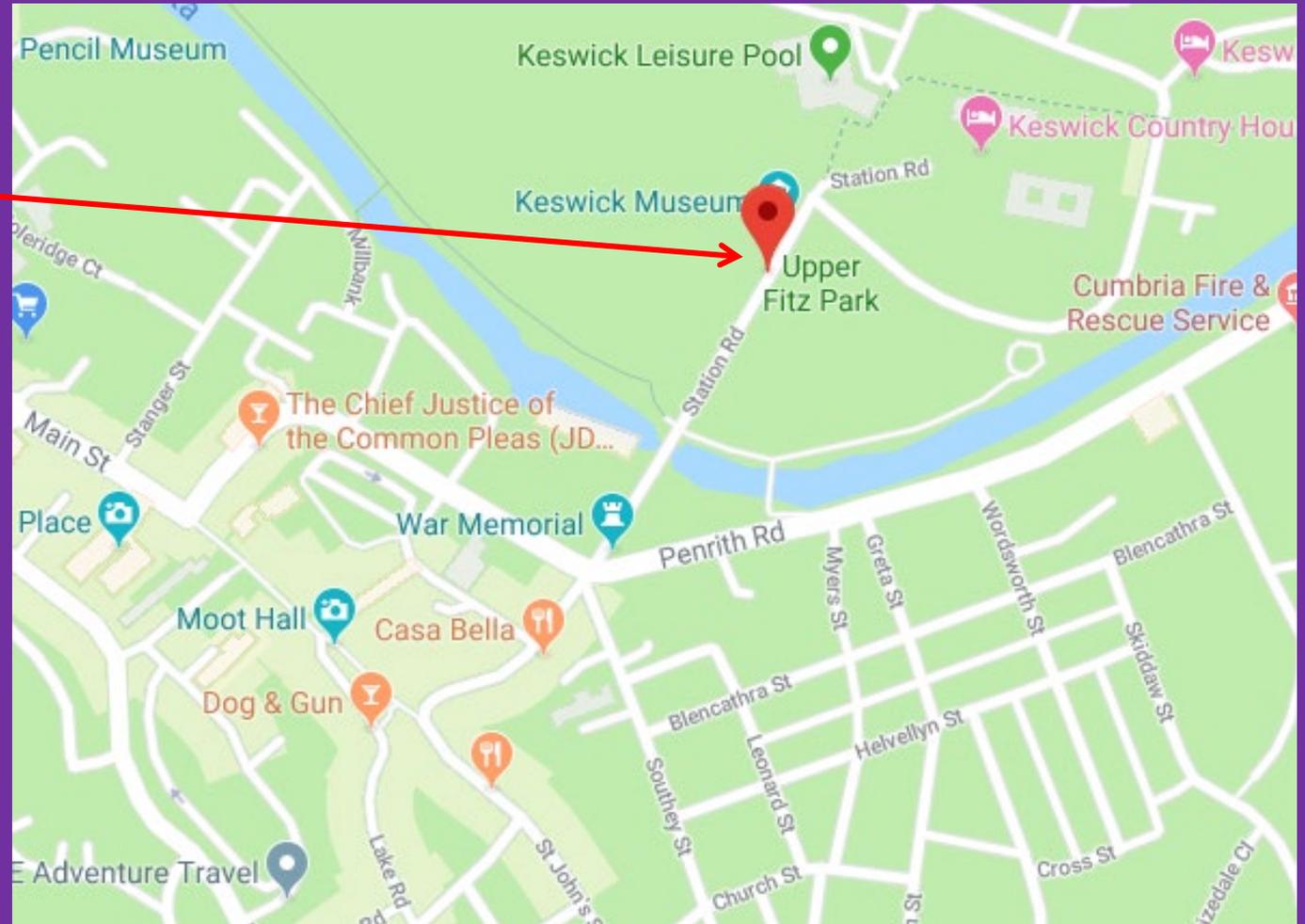


# THE WORDSWORTH CHALLENGE STARTS AT 3AM IN THE MORNING

This means getting up at 2am

Walking to the museum on Station Road

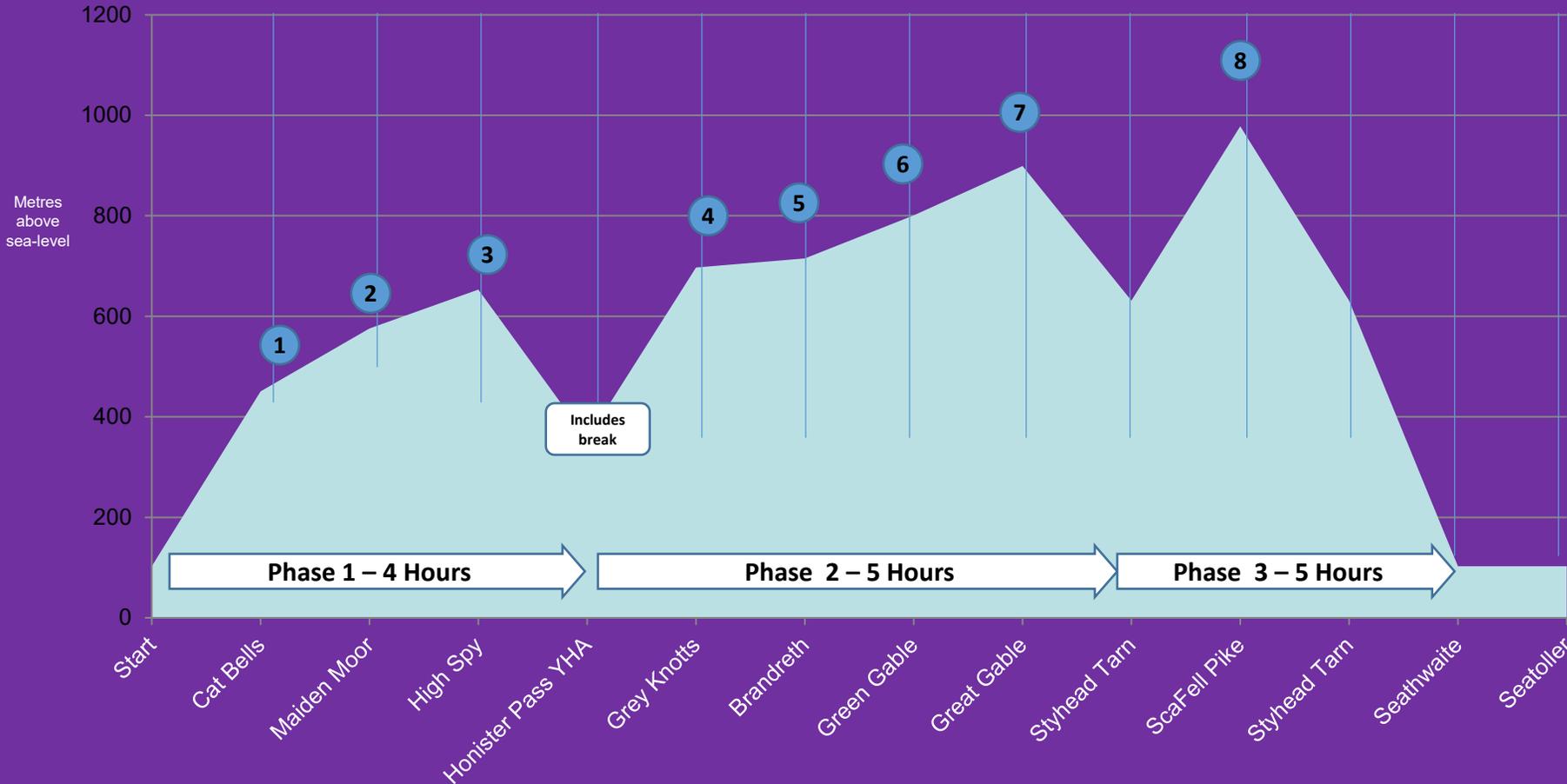
Getting on a coach at 2:30am that will take you to the starting point



We meet at  
Keswick Museum  
on  
STATION ROAD

# The Wordsworth Challenge

To climb 8 mountains in 14.5 hours



8 MOUNTAINS	METRES	FEET
CAT BELLS	451	1480
MAIDEN MOOR	576	1890
HIGH SPY	653	2142
GREY KNOTTS	697	2287
BRANDRITH	715	2346
GREEN GABLE	801	2609
GREAT GABLE	899	2949
SCA FELL PIKE	978	3209

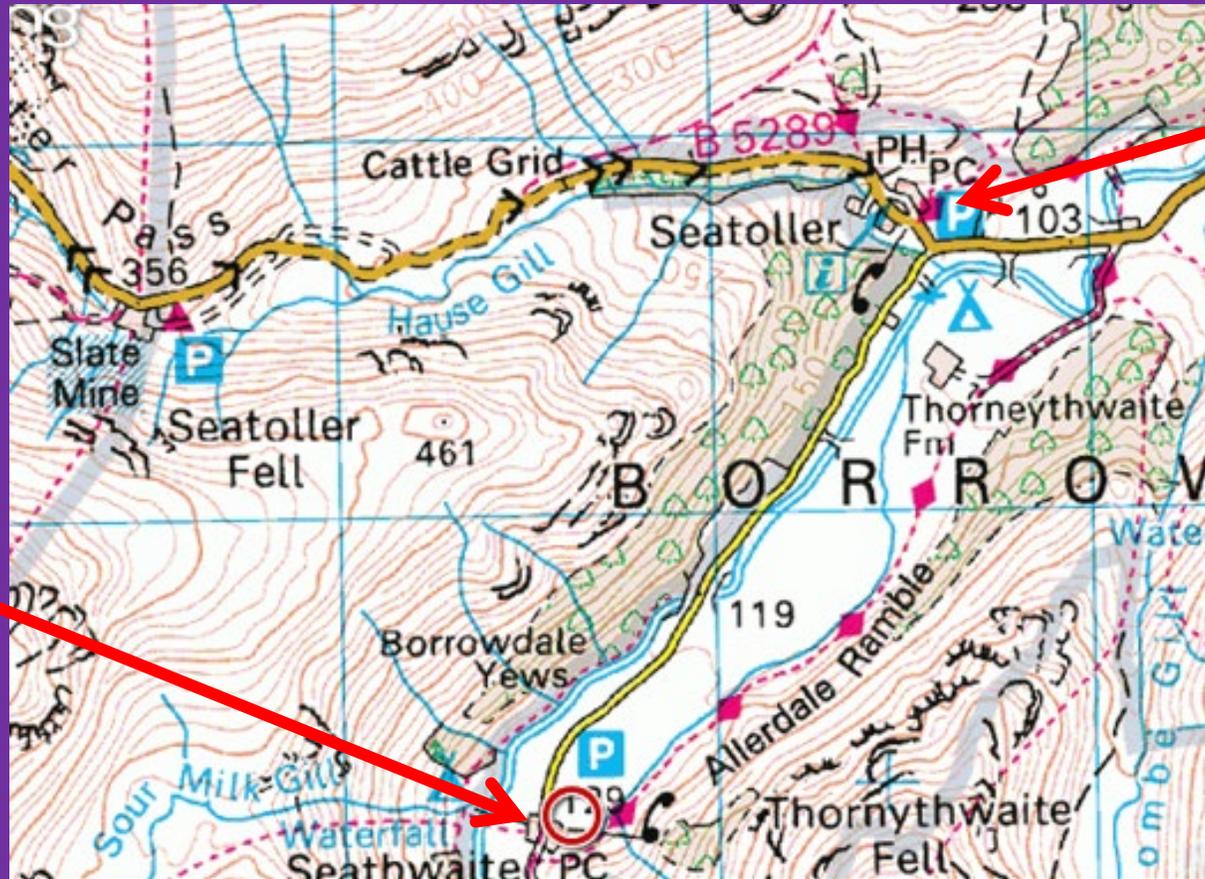
Note:  
The challenge will finish at Seathwaite, but challengers will then have a short flat walk to Seatoller where the coach will be waiting.

# THE WORDSWORTH CHALLENGE FINISHES AT SEATHWAITE AT 5PM

There is then a short flat walk from Seathwaite to Seatoller

**WE MUST BE AT SEATOLLER BY 5:30 PM TO GET THE COACH** back to Keswick

Challenge  
Finish Point  
5pm



Coach  
Collection  
Point  
5:30pm



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## CHALLENGE COST



### THE WORDSWORTH CHALLENGE

**£80 per person**

The cost includes an optional £35 Celebration “Dogs Dinner” (3-course Silver Service meal at the 4\* Skiddaw Hotel in Keswick)

#### Cost Includes

- ✓ Transport to the start from Keswick
- ✓ Transport from the finish point back to Keswick
- ✓ Experienced Leaders to guide you in complete safety
- ✓ T-Shirt
- ✓ Challenge Overheads e.g. bacon sandwich breakfast at Honister Pass
- ✓ Charity Insurance Cover
- ✓ 3-course Silver Service Celebration Dinner at the Skiddaw Hotel

#### Not Included

- X Overnight accommodation (2 nights required)



# HOW TO REGISTER & PAY

[WWW.CANCERBROWNDOG.CO.UK](http://WWW.CANCERBROWNDOG.CO.UK)



# BROWN DOG

HELPING PEOPLE WITH CANCER

REGISTERED CHARITY 1111550

Home About us Who we help How you can help **Current fundraising events** Fundraising tool kit Past events Contact

Go to our web site  
[www.cancerbrowndog.co.uk](http://www.cancerbrowndog.co.uk)  
And click  
“Current Fundraising Events”

Complete the registration process  
by completing each question and  
stating which challenge you want  
to do  
  
(there are 2 to choose from)

Proceed to  
payment

*If you wish to discuss a different  
financial arrangement, you can  
contact us at  
[mark.storer@hotmail.com](mailto:mark.storer@hotmail.com)  
so we can consider your request*

# FUNDRAISING – Ultrathin Transnasal Endoscope 2022

It's easy to get carried away with the excitement of the challenge and focus on completing it. **However, remember the real challenge is about going the extra mile and raising more money than you ever thought possible.**

For 20 years we have been raising money and we have purchased some amazing equipment that really has made a difference to men, women and children who are fighting cancer.

**In 2022 we aim to raise £30,000 to purchase a Ultrathin Transnasal Endoscope for Leicester Hospital Trust**

This endoscope will be used in the early detection of cancer. Not only is it ultrathin (which means a much less evasive process for patients), it is more effective and efficient than current endoscopes and they enable the medical team to detect higher rates of cancer, leading to more promising outcomes for patients.

**If you join our challenge, we want you to challenge yourself to raise as much money as you possibly can.**

Don't just ask people to donate, think about organising a small event that will give enjoyment to supporters, such as a dinner party, BBQ, football match (lads v dads), cake sale, involve your local school, contact local businesses etc – see our fundraising pack on the web site [here](#)



The image above shows a comparison between the Ultrathin Transnasal Endoscope (left) and the Standard Endoscope (right).

Ultrathin Transnasal Endoscope has an outer diameter of **5.4mm** and a working channel of **2.2mm**.

Standard Endoscope has an outer diameter of up to **9.8mm** with a working channel of **2.8mm**

# JustGiving™

Go to "[www.justgiving.com](http://www.justgiving.com)"

Click "start fundraising"

Click "A Charity"

Log In (if you have an account)  
or Create an Account

Type "Brown Dog" in search for cause

Click "Brown Dog"

Click "Taking part in an event"

Click "Wordsworth or Sca Fell"  
Depending on which you are doing

Choose your Fundraising e-mail address  
Click the appropriate Gift Aid box  
Click "Create your page"

Once you have registered and paid,  
**we would like you to set up your own fundraising page on Just Giving  
and start raising money straight away**

There are some good reasons for doing this:

- ✓ You are given your own link that you can mail to family, friends and colleagues, or put on Facebook/Twitter etc.
- ✓ It makes it easy for your supporters to donate
- ✓ Gift Aid is added automatically and goes straight to the charity
- ✓ You can set a target and track how you are doing against it
- ✓ Brown Dog can see if we are on track to hit our overall 2022 target

The process to set up your page is very easy  
and only takes 10 minutes to do.

If you and your partner or friend are doing the challenge you can set up a joint shared fundraising page.

When you have raised more than you ever thought possible and completed a challenge that has pushed your body to the limit then **it's only right that you celebrate in style.**

That's why we would love you to celebrate with us at our **SPECIAL 21st ANNIVERSARY CELEBRATION DOGS DINNER** at the 4 star Skiddaw Hotel, where you can enjoy a 3-course Silver Service meal in our own private function room.

At the dinner we will celebrate 21 years of fundraising and we will reflect on the challenging 2021 year, year as well as generally having fun and a great evening.

# DOGS DINNER



# CELEBRATION

## STARTER OPTIONS

### **Potted Chicken Liver Parfait**

*With Ruby Port Jelly, Keswick Ale Chutney, Sourdough Toast*

### **Smoked Haddock & Tarragon Fishcake**

*With Homemade Tartare Sauce*

### **Barley & Root Vegetable Cumbrian Broth (V)**

*With Crusty Bread & Salted Butter*

## MAIN MEAL OPTIONS

### **Free Range Chicken Breast**

*With Wild Mushroom & Barley "risotto", tenderstem Broccoli and Smokey Malted jus.*

### **Keswick Ale Beer Braised Featherblade of Beef**

*With Dauphinoise Potatoes, new season Green Beans and Beer Gravy*

### **Butter Poached Fillet of Irish Sea haddock**

*With Prawn, Potato & Vegetable Chowder*

### **Sauté Potato Gnocchi (V)**

*With Wilted Spinach, sun-blushed Tomato and black olive*

## DESSERT

### **Vanilla Pod Panna Cotta**

*With charred Oranges, Gingerbread*

### **Dark Chocolate & Red Berry Mousse**

*With Whipped Rosewater Double Cream and Cocoa Nibs Crumb*

### **Original Recipe Sticky Toffee Pudding**

*With Butterscotch Sauce, Bourbon Vanilla Ice Cream*

## TEA & COFFEE



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Thank you for your support  
making a real difference to people fighting cancer